



Applied Suicide Intervention Skills Training (ASIST)

Sponsored by FailSafe for Life and Healthy Ferry County Coalition

ASIST is a two-day intensive, interactive, and practice-dominated course designed by LivingWorks to help first responders, medical and school staff, or community helpers recognize and review risk, and intervene to prevent the immediate risk of suicide. It is by far, the most widely used, acclaimed, and researched suicide intervention training workshop in the world.

November 5-6, 2026

8:30 AM - 4:30 PM

Ferry County Fairgrounds

Carousel Building

12 Fairgrounds Road

Republic, WA 99166

LEARN HOW TO:

- » Recognize invitations for help
- » Reach out and offer support
- » Review the risk of suicide
- » Apply a suicide intervention model
- » Link people with community resources

TERMS:

- » Participation in the **full two days is mandatory, please plan accordingly**
- » Lunch **WILL** be provided, as well as water and some light snacks

COST:

- » This training is offered at **no cost to participants**
- » Please note: Cost for one person to take part in ASIST Training and ASIST materials typically costs **\$295.00**. Through money raised by FailSafe for Life and the Healthy Ferry County Coalition, we are able to offer this training at **no cost** for residents of Ferry County or for those working in Ferry County and will provide a **\$375 stipend** for completion of the 15 credit for successful completion.

REGISTRATION:

- » Space is limited. Registration is required
- » <https://www.eventbrite.com/e/applied-suicide-intervention-skills-training-asist-registration-1993874509331?aff=oddtctcreator#location>

QUESTIONS:

- » Sabrina Votava
- » e: sabrina.votava@failsafe4life.org

SABRINA VOTAVA

Sabrina Votava is an educator on suicide prevention and intervention who has worked with numerous individuals and organizations around the Pacific Northwest to help them recognize the signs of suicide and to give them the tools and resources to keep a person in crisis safe. Having worked in this field for nearly two decades, Sabrina's passion is evident in her trainings. Her personal experiences, coupled with years of research, gives her the ability to connect with a wide variety of audiences from youth to adults, non-experts to professionals. Sabrina has been featured in various media outlets throughout Washington state over the years and founded the non-profit organization FailSafe for Life to serve her community. She is a Licensed Mental Health Counselor, certified as a QPR Master Trainer, ASIST trainer, and is a member of Prevent Suicide Spokane Coalition. Sabrina holds a B.S. in Public Health from the University of Washington and holds her M.A. in Social and Behavioral Health from Whitworth University.

CHRISTINE CLOCK

Christine works at Eastern State Hospital as a Behavioral Health Specialist and has been facilitating ASIST since March of 2014. Through her position at ESH she is able to provide patients with an avenue for hope using Therapeutic Horticulture on a daily basis. Her compassion for suicide intervention has grown over the years. It has been influenced by her time at ESH in addition to a former position as a Residence Director at a University. Christine has her bachelor's degree in Sociology with an emphasis in Social Welfare from Adams State University. She is excited about the opportunity to continue working with the Inland Northwest community in suicide prevention and intervention efforts.

