



QPR GATEKEEPER TRAINING

SPONSORED BY FAILSAFE FOR LIFE
TRAINING FACILITATED BY SABRINA VOTAVA

DATE: Monday, January 26, 2026

TIME: 1:00 PM - 3:00 PM

PLACE: Virtual via Zoom

COST: FREE, sponsored by the generous supporters of FailSafe for Life.

ABOUT QPR:

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

LEARN HOW TO:

- Recognize someone in crisis
- Review the risk of suicide
- Reach out and offer support
- Apply a suicide intervention model
- Link people with community resources

TERMS:

- All participants age 16 and older are welcome to attend
- Pre-registration is required, as space is limited

REGISTER TODAY AT
WWW.FAILSAFEFORLIFE.ORG