



# Applied Suicide Intervention Skills Training (ASIST)

Sponsored by FailSafe for Life and Providence Community Benefits

**ASIST** is a two-day intensive, interactive, and practice-dominated course designed by LivingWorks to help caregivers recognize and review risk, and intervene to prevent the immediate risk of suicide. It is by far, the most widely used, acclaimed, and researched suicide intervention training workshop in the world.

**September 22-23, 2022**  
**8:30 AM - 4:30 PM**  
**Talbot Event Center**  
**NEW ESD101**  
**4202 S. Regal Street**  
**Spokane, WA 99223**

### LEARN HOW TO:

- » Recognize invitations for help
- » Reach out and offer support
- » Review the risk of suicide
- » Apply a suicide intervention model
- » Link people with community resources

### TERMS:

- » Participation in the **full two days is mandatory**
- » No refunds will be given if canceling after **September 16, 2022**
- » **Lunch will NOT be provided. Breakfast goodies and coffee will be provided.**

### COST:

- » This training is offered for **\$50.00**
- » Please note: Cost for one person to take part in ASIST Training and ASIST materials **typically costs \$295.00.** Through money raised by FailSafe for Life and Providence Community Benefits, we are able to offer this training at a reduced cost in Spokane and the surrounding community.

### REGISTRATION:

- » Space is limited. Registration is required
- » <https://www.eventbrite.com/e/applied-suicide-intervention-skills-training-asist-tickets-395462628367>

### QUESTIONS:

- » Sabrina Votava
- » e: [sabrina.votava@failsafeforlife.org](mailto:sabrina.votava@failsafeforlife.org)
- » **No masks required.**

## CHRISTINE CLOCK

Christine works at Eastern State Hospital as a Recreation Specialist and has been facilitating ASIST since March of 2014. Through her position at ESH she is able to provide patients with an avenue for hope. Formerly, Christine worked as a Residence Director at Adams State University in Alamosa, CO for three years. Her compassion for suicide intervention grew through this position as she talked with several students that were having thoughts of suicide. Christine has her bachelor's degree in Sociology with an emphasis in Social Welfare from Adams State University. She is excited about the opportunity to join the Spokane community to help in the suicide prevention efforts that already exist.

## MELODY YOUKER

Melody Youker is a case manager for Martin Hall Juvenile Detention facility, where she has worked for more than 22 years. She also spent 6 years as a correctional counselor for Second Chance. Melody holds a bachelor's degree in Sociology with an emphasis in Criminal Justice from Montana State University. Currently, she is a member of the Prevent Suicide Spokane Coalition and a part of the Crisis Response Improvement Strategy Committee.

