FAILSAFE FOR LIFE™

Ending suicide through connection, education & hope

Applied Suicide Intervention Skills Training (ASIST)

Sponsored by FailSafe for Life

ASIST is a two-day intensive, interactive, and practice- dominated course designed by LivingWorks to help caregivers recognize and review risk, and intervene to prevent the immediate risk of suicide. It is by far, the most widely used, acclaimed, and researched suicide intervention training workshop in the world.

NEXT TRAINING DATE, TIME, AND LOCATION COMING SOON!

LEARN HOW TO:

» Recognize invitations for help
» Reach out and offer support
» Review the risk of suicide
» Apply a suicide intervention model
» Link people with community resources

TERMS:

» Participation in the **full two days is mandatory, please plan accordingly**
» Registration requires pre-payment
» Lunch **WILL NOT** be provided, but there are restaurants and stores nearby » Morning coffee/pasteries **ARE** provided » A parking pass will be provided to each registered participant prior to the event

COST:

» This training is offered for **$100.00**

» Please note: Cost for one person to take part in ASIST Training and ASIST materials typically costs **$295.00**. Through money raised by FailSafe for Life, we are able to offer this training at a **reduced cost** in Spokane and the surrounding community.

» No refunds can be given if canceling after a **certain date.**.

REGISTRATION:

» Space is limited. Registration is required

QUESTIONS:

» SabrinaVotava
» e: sabrina.votava@failsafeforlife.org

SABRINA VOTAVA

Sabrina Votava is an educator on suicide prevention and intervention who has worked with numerous individuals and organizations around the Pacific Northwest to help them recognize the signs of suicide and to give them the tools and resources to keep a person in crisis safe. Having worked in this field for nearly two decades, Sabrina's passion is evident in her trainings. Her personal experiences, coupled with years of research, gives her the ability to connect with a wide variety of audiences from youth to adults, non-experts to professionals. Sabrina has been featured in various media outlets throughout Washington state over the years and founded the non-profit organization FailSafe for Life to serve her community. She is a Licensed Mental Health Counselor, certified as a QPR Master Trainer, ASIST trainer, and is a member of Prevent Suicide Spokane Coalition. Sabrina holds a B.S. in Public Health from the University of Washington and holds her M.A. in Social and Behavioral Health from Whitworth University.

MELODY YOUKER

Melody Youker is the community outreach and volunteer manager for Martin Hall Juvenile Detention Center. Melody has applied her passion and education in serving justice-involved youth for over 22 years. Focused on the need for prevention and intervention programs to route youth away from the criminal justice system, she also serves as a leader on several committees including the Inland Northwest Human Trafficking Task Force, the West Plains Safety Alliance, Continuum of Care Youth Committee, and is a consultant on Student Threat Assessment for school districts across Northeastern Washington. Most notably, Melody has been at the forefront of suicide prevention awareness as a member of the Prevent Suicide Spokane Coalition for over 20 years and currently serves as the committee chair. She is a certified ASIST trainer and part of the Crisis Response Improvement Strategy Committee. Melody received her B.A. in sociology with an emphasis in criminal justice from Montana State University.

ASIST

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